



Kind Cumbria

## KIND CUMBRIA DAY – IDEAS FOR SCHOOLS 2021

Join us in "delivering kindness" across schools in Cumbria and help your pupils develop their personal, social and emotional wellbeing. Here are some ideas on how you can get involved in Kind Cumbria Day on the 13th November 2021

- Help us "deliver kindness" in the little things we can do for each other. Think of how you can deliver kindness during the week running up to Kind Cumbria Day to those people who have shown us kindness during the pandemic – share your photos or acts of kindness to show us what you have been up to during the week.
- Join our Virtual Assembly, where we will be inviting a local author to read a story about kindness to inspire your pupils – perhaps they can write their own story about kindness, or give the story to someone as a gift?
- Focus on acts of kindness within school, hold class discussions about kindness. Talk about acts of kindness the whole school can do together and good deeds individuals can do
- Celebrate the everyday heroes/key workers in the pandemic/kind figures in the local area or within the school – this could be done through nominations and a whole school vote
- Make a display – leave cards for pupils to write down kind deeds they have done or witnessed and pin onto the display.
- Include the subject of kindness in each class e.g. in English focus on literacy with a kind theme; poems or books with a kind storyline
- Write a school blog about kind acts that are carried out that day/week
- Create a compliment or 'thank you' board for students to express their positive feelings towards each other
- Create 'packages' with donated or homemade goodies for a local hospice, nursing home, homeless shelter or hospital
- Do a school litter pick

Remember to tag your photos on social media with

**ACTion** **#KINDCUMBRIADAY**  
with communities  
in cumbria



Sponsored by

**electricity**  
north west

Bringing energy to your door

[www.cumbriaaction.org.uk/what-we-do/kind-cumbria](http://www.cumbriaaction.org.uk/what-we-do/kind-cumbria)

Charity Number: 1080875